

## **PE Kit Policy (Revised September 2025)**



At Newark Hill Academy we provide opportunities for pupils to become physically confident in a way which supports their health and fitness. As our children progress through the curriculum they will have opportunities to compete in sport and other activities that build character and help to embed values such as respect, resilience and perseverance.

PE lessons at Newark Hill Academy have an excellent level of participation by pupils in all year groups; this is thanks to the support of parents and pupils. Please help us to maintain this high standard by ensuring that your son/daughter follows the school PE kit policy detailed below.

***Our Academy policy is that pupils come to the Academy in their PE kit. If a pupil forgets their kit, then they will be expected to take part in their uniform, although ties will be removed. It is imperative that pupils do not miss out on the physical learning opportunities.***

Pupils who are injured, and so unable to take part physically, will not be exempt from the lesson. Instead they will still be expected to come to school in their PE kit and will be given a role in the lesson that will not need them to be as fully or strenuously involved as normal, for example a scorekeeper, referee or peer observer.

In outdoor PE lessons we will have to take pupils outside with the class even if they are not participating fully physically, and it is important that pupils bring appropriate clothing in case of rain, or other inclement weather conditions.

### **PE kit at Newark Hill Academy**

#### **Indoor activities**

- Black shorts with the Academy logo
- Purple Academy T-shirt
- Training shoes
- White or black socks

#### **Outdoor Activities All of the above plus:**

- Black tracksuit trousers
- Black sweatshirt or purple school jumper
- Outdoor footwear – trainers not plimsolls

#### **Swimming**

- Swimming costume or shorts
- Towel
- Long hair must be tied back
- Swimming hat and goggles if they wish

### **Jewellery**

**Pupils wearing earrings should be able to remove them. Hooped earrings should not be worn in the academy.** Earrings and other jewellery e.g. watches must be removed for the lesson and it is the responsibility of the pupil to keep these safe.

We realise some pupils are unable to remove earrings themselves, however we are not able to do this for them. Children wearing earrings will still participate in activities, however where the teacher believes the risk of injury is increased, such as elements of gymnastics your child's activity will be adapted. This being said, it is your responsibility to ensure that your child possesses the correct kit to take part in this valuable aspect of the curriculum.

We thank you for your cooperation and support.