

Intent - PE Curriculum Journey Map (2025/26)

Year Group	Concepts / NC Aims	PE Pillars of Progression (Ofsted, 2022)								National Age-Related Expectations EYFS ELGs / NC Attainment Targets																																																																																																																																																																																										
R	Personal, Social and Emotional Development Physical Development Expressive Arts and Design		<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;"> <h3>Physical Education Curriculum Map 25/26</h3> </div> <div style="text-align: right;"> </div> </div>							<p>PSED ELG: Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly</p> <p>PD ELG: Manage their own basic hygiene and personal needs, including dressing</p> <p>Work and play cooperatively and take turns with others.</p> <p>PD ELG: Negotiate space and obstacles safely, with consideration for themselves and others.</p> <p>Demonstrate strength, balance and coordination when playing.</p> <p>Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.</p> <p>EAD ELG: Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music.</p>																																																																																																																																																																																										
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KS3 AIMS	Pupils should build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.																																																																																																																																																																																																			