

Children's Mental Health and Wellbeing: A Graduated Response



Wave 1 Universal provision	Wave 2 Specific, additional and time-limited intervention	Wave 3 Targeted, specialist provision highly tailored to need
<p>We ensure that our curriculum provides all children with knowledge and skills that ensure all children know how to keep themselves and others physically and mentally healthy and safe.</p> <ul style="list-style-type: none"> • Embedded PSHE Curriculum in all year groups • Termly individual assessment on Wellbeing • Regular Assemblies with Mental Health and Wellbeing focus led by staff and pupils • Displays in the school and classroom environment • Weekly whole school celebration assembly • Worry monsters in around every corridor, checked and actioned on a regular basis • Kindness Crew – a group of pupils who support others throughout play and lunch times • Themed weeks/days linked to mental health awareness: Anti-Bullying Week • Set transition programme to support every year group in transitioning to their next year group, into a new classroom and with new adults <p>Transition Focus</p> <ul style="list-style-type: none"> • Transition booklets to provide children and families • Open day to introduce families to EYFS setting and classroom • Two-day transition from Y6-Y7 	<p>Occasionally some children may need a little extra support. We have a team of staff who work in school to provide early help support:</p> <p>Pastoral Lead providing targeted, bespoke support: Daily/Weekly Check-ins</p> <ul style="list-style-type: none"> • Friendship groups • Drawing and Talking • Emotional support • Building confidence and self-esteem • Coping with Change – Lego 	<p>Occasionally a child may have more complex mental health needs. We can signpost and support referrals to specialist agencies such as behaviour and emotional health teams.</p> <p>Mental Health Support Team (MHST)</p> <ul style="list-style-type: none"> • We have a named Educational Mental Health Practitioner. • Small group interventions on shared need • 1:1 interventions following referral <p>Child and Adolescent Mental Health Services (CAMHS)</p> <p>Individual support for emotional and mental health needs</p>