Year 6 Reading Assessment Marking Scheme - Non-Fiction



question	answer	marks	notes		
1.	According to the introduction, how many people in the UK are estimated to be going jogging at least once a week?				
	Six million people	1	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction Award 1 mark for the correct answer.		
2.	Look at the 'Beginner's Guide' Find and copy the information to complete this table with the correct amounts of time.				
	Gentle warm-up before each activity 5 minutes				
	Start by walking any amount that feels comfortable 10—30 minutes	2	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction Award 2 marks for all four answers filled out correctly.		
	Short running intervals to begin including 1 or 2 minutes				
	Cool down by walking or gently stretching 5–10 minutes				
3.	Look at the sentence: <i>It is always a good idea to build your fitness gradually.</i> What does the word <i>gradually</i> tell you?				
	Gradually means slowly or a little	1	Content domain: 2a—give / explain the meaning of words in context.		
	at a time.	1	Award 1 mark for any answer that shows understanding of the meaning.		
4.	Look at the section ' Staying Motivated '. Which of these ideas are suggested in the text to help with motivation?				
	Set yourself regular targets Run with a friend or group	up to 2 marks	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction		
	Run once every week Mix up routes and distances		Award 2 marks for all four options correctly ticked. Award 1 mark for 2 or 3 options correctly ticked.		



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5.	What does the guide suggest you might write in a running diary?				
	Award one mark for any of the following: route distance time how you felt	1	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction Award 1 mark for a correct answer.		
6.	Look at the section 'Different Distances and Types' Draw lines to match up the headings with the correct explanations.				
	Track Running Over specified distances on an oval running track. Road Running Safely on pavements or in events where roads are closed to all vehicle traffic. Cross Country Running Over open or rough terrain which may include grass, mud, woodlands, hills or water.	1	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction Award 1 mark for lines correctly drawn.		
7.	Look at the sentence: `This could be running safely along pavements.' Why does the author use the word `safely' in this section?				
	The section is about 'road running' so the author is trying to keep the runner safe.	1	Content domain: 2d—make inferences from the text/explain and justify inferences with evidence from the text Award 1 mark for any mention of: extra care or caution should be taken when running near roads. More care is needed when running on pavements due to the danger passing traffic and/or pedestrians compared to running on a track or in open terrain.		
8.	What is the distance given for a half marathon?				
	13.1 miles	1	Content domain: 2b—retrieve and record information/identify key details from fiction and non-fiction Award 1 mark for the correct answer.		
9.	Look at the section 'Specialist Gear and Gadgets' Explain why a good pair of running shoes are the most important equipment recommended for running?				
	 Reduce the risk of injury Avoid slipping and sliding that can lead to blisters Reduce amount of shock that travels up your leg 	1	Content domain: 2d—make inferences from the text/explain and justify inferences with evidence from the text Award 1 mark for any correctly given answer.		



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10.	Identify one other item of equipment that the author suggests for `as your running advances'.				
	digital sports watch or heart-rate monitor	1	Content domain: 2d—make inferences from the text/explain and justify inferences with evidence from the text Award 1 mark for any correctly given answer. Do not accept technical sports fabric.		
11.	Look at the section 'Running for Kids ' The author encourages children to ' <i>make your first rule to be running for fun</i> '. What is the purpose of this statement?				
	To help children view running as an enjoyable activity	1	Content domain: 2d—make inferences from the text/explain and justify inferences with evidence from the text Award 1 mark for the correctly ticked box.		
12.	Find and copy a word that means: providing satisfaction or offering a worthwhile experience:				
	rewarding	1	Content domain: 2a—give/explain the meaning of words in context Award 1 mark for the correct answer.		
13.	Based on the whole text, how does the author encourage people to take up running? Give two examples.				
	 running is free / doesn't have to cost anything you can do it almost anywhere has many potential health benefits (e.g. improve fitness, reduce illness, maintain healthy lifestyle) exciting challenge doesn't have to require much equipment can be rewarding and enjoyable (without any competition) 	up to 2 marks	Content domain: 2c—Summarise main ideas from more than one paragraph Award 1 mark each for any two examples from the listed suggestions.		



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14.	What evidence is there to suggest that this text is aimed at people who are not already regular runners or thinking of trying it for the first time?				
	 includes a beginner's guide 'if you've never been a runner' / 'if you're totally new to running' provides advice on starting by just walking gives guidance on equipment required to get started 	1	Content domain: 2d—make inferences from the text/explain and justify inferences with evidence from the text Award 1 mark for any example given.		
		Total 17			

