## **Learning Project Week 9 – Sport**



#### Year 1

# Play a board game together so that your child can practise their counting and the language of position and direction. Maybe Snakes and Ladders?

- Place an object on the ground and use positional language such as forward, backwards, up, down, left and right to direct them to the object. You could switch roles and get your child to give the directions. If you wanted to make it harder, you could use a blindfold but be extra careful!
- Play 'Catch' with your child using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, count in 2s, 5s or 10s.
- Log on to Education city and complete the 'Are you shore? Using positional language activity
- Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths. Who jumped the furthest? Who had the shortest jump? What was the difference between the shortest and longest jump?

## Weekly Reading Tasks (Aim to do 1 per day)

- Provide your child with a bag and ask them to collect items to go in it that relate to a wellknown story. If they can't find an item, they could draw a picture instead. Ask them to use the objects in the story bag to retell the familiar story.
- Talk to your child about a hero from a book they have read recently, for example the Prince from Rapunzel or Mulan. Ask them to draw the hero or heroes from a story and list adjectives to describe their appearance and personality.
- Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?
- Log on to Reading Eggs and choose a story in the library. Write a review for the story, would you recommend it to a friend?
- Listen to your child read and let them discuss what they have read. (Use the comprehension questions found in your white learning journal). Encourage them to read with expression and with pace.

# Weekly Spelling/phonics Tasks (Aim to do 1 per day)

Daily Phonics – your child is to practice their sounds and blend words. Sounds can be found at the front of the learning journal.

Interactive games found on links below.

- Phonics Play
- Top Marks
- Sport has the sound 'or' in, can you think of other words containing the 'or' sound?
- Spell common exception words practice spelling: put, push, pull, full, house. Can you put each one in to a sentence?
- Make a game using sounds make some sound cards and play matching pairs, sounding out each sound as you play.

## Weekly Writing Tasks (Aim to do 1 per day)

- Continuing with learning the days of the week. Write a diary of what you have done for every day this week.
- Have you got a favourite sport? This could even be your favourite PE activity. Can you write about it? creating an information sheet.
- Think of questions you would like to ask your favourite sports person. You could write a list of questions using a range of questions words such as 'when', 'why', 'who', 'what', 'where' and 'how'.
- Write a list of all the different sports you know. Ask your family to help you to get as many of the different sports as possible.
- Practise your handwriting write all of the letters of the alphabet using pre-cursive handwriting. This is in the front of your learning journal.

## Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- Obstacle Course Fun- Task your child with designing and making their very own obstacle course in the garden. Ask them to draw and label their design first and include all of the equipment they need. They can then use their design to create their obstacle course. Ask the family to complete the obstacle course whilst your child times them.
- Design and make your own medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony. You could even make a trophy using junk modelling.
- Create your own routine. Can your child create their very own simple routine, just like a gymnast or dancer? They could choose a piece of music to practise their routine to. When they are confident, why not film your child's sequence? Watch the performance together- what does your child think went well? What could be even better?
- Can you invent your own game/sport to play? What would it be called, what is the aim of the game? How many players? How do you play it?
- Take a look on the NHS change4life website for fun activities to help children stay active.

### Additional learning resources parents may wish to engage with

<u>Classroom Secrets Learning Packs</u> - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

<u>Twinkl</u>- to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

https://www.bbc.co.uk/teach/supermovers - This site will get your child moving and learning at the same time.

Education city – All children should have their own logins.

Additional Year 1 phonics support can be found here:

https://home.oxfordowl.co.uk/reading/learn-to-read-phonics/

## #TheLearningProjects

If you have any further queries, please do not hesitate to contact the Year 1 teaching team:

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