

Learning Project WEEK 9 – Sport



Year 5

Weekly Maths Tasks (Aim to do 1 per day)

- Get your child to play on [Times Table Rockstars](#).
- Play on [Hit the Button](#) - focus on times tables, division facts and squared numbers.
- Get your child to watch this [video](#) to understand the difference between reflection, translation and rotation.
- Place several household objects on the ground indoors or in the garden spaced apart. Blindfold your child using a scarf and using the positional language, such as turn left, right, forwards,, clockwise etc, give them instructions to lead them to the items. You could say something like: "Turn 90 degrees left, move forwards 3 spaces." Can your child follow the given instructions to find the object?
- Using this [online resource](#), ask your child to make a pattern and then reflect it.
- Play catch. Each time the ball is caught, count up in a particular multiple (this could be any number between 2 and 100). If the ball is dropped, start again. It can be made harder by spacing out or by giving a higher target number.
- [Arithmetic practise](#) on Maths Frame.
- Get your child to work on their [reasoning and problem solving](#) by practising past SATs questions that are broken down into topic areas and have videos linked to them that can be watched if needed. As these are older papers these are suitable for year 5. Click on one of the topic areas listed to gain access to the questions.

Weekly Reading Tasks (Aim to do 1 per day)

- Ask your child to read a chapter from their home reading book or a book that they have borrowed from the library. Alternatively your child could read an article from here - [First News](#). Remind them to record their reading using their flipgrid code.
- Following this, ask your child to write a book review about the book they have read recently.
- Encourage your child to note down any unfamiliar words from the chapter they have read. Explore the meanings of these words by using a dictionary, reading around the sentence or using print conventions.
- Take a quiz on Accelerated Reader, it doesn't have to be on your Accelerated reading book or at your level. Just type in your title.

Weekly Spelling Tasks (Aim to do 1 per day)

- Encourage your child to practise the Year 5/ 6 Common Exception Words (the list can be found in your white learning journals)
- Then ask your child to choose 5 Common Exception words. They can then write a synonym, antonym, the meaning and an example of how to use the word in a sentence.
- Practise spellings on [Spelling Frame](#).
- Can your child list sport related noun phrases and verbs that correspond with each letter of the alphabet? This will support their writing tasks.
- Ask your child to create their own sporting wordsearch. This could include the names of athletes, sports or sporting equipment.
- Can your child unscramble these sporting words: **queenmipt, poicmlys, tannidmob, cagminssty & pochmashpini**.
- Get your child to proofread their writing from the day. They can use a dictionary to check the spelling of any words that they found challenging. This will also enable them to check that the meaning of the word is suitable for the sentence.

Weekly Writing Tasks (Aim to do 1 per day)

- Visit the Literacy Shed for this wonderful resource on [The Catch](#). Or create a short victory story about a character succeeding.
- Task your child with writing two newspaper articles on a sport of their choice, one reporting on an event and the other reporting 'behind the scenes'. Pay attention to the different language that will be used in each. Can your child include direct speech from 'interviews'?
- Ask your child to choose a sports person they admire. Encourage them to create a biography which tells the story of their life in chronological order.
- Ask your child to choose a sport which is popular in another country and write an information report, giving key details about the sport and its history.
- Your child can create a persuasive leaflet for a new school sports club. They should use persuasive language including modal verbs (e.g. will, should)

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

- 👉 **Sport Genius-** Ask your child to research about [sporting history](#) and see how many different [facts](#) they can find out about sports from the past. Ask them to create their own sporting trivia quiz which they can test out on members of the household. Or place different sporting events from the last 100 years onto a timeline.
- 👉 **Sporting Heroes-** Get your child to select their favourite sporting star. Then they can draw a portrait of them in the style of the famous pop artist [Roy Lichtenstein](#) using felt tip pens or paint.
- 👉 **Name that Sport -** Get your child to create an [orienteeing map](#) of your home/garden. At each location they will need to create a question relating to a sport e.g. Which sport has the most rules? The answers can then be recorded on an orienteeing sheet. How about giving them a challenge? Can they create an answer that begins with the letter of the next location? Get your child to test it out on a family member.
- 👉 **Beat It!** Begin by getting your child to measure their resting heart rate by counting how many beats in a minute. Then get them to carry out an exercise e.g. running, skipping, star jumps etc. for 3 minutes. Once they have completed this they are to carry out a recovery activity e.g. walking or sitting and see how long it takes for their heart rate to go back to normal. Ask them to repeat this with different recovery exercises to see which is the most effective at getting their [heart rate](#) back to normal the quickest. Can they create a way of showing their results?
- 👉 **Anyone Can Be a Champion!-** This activity is all about exploring the diversity of sport. Ask your child to research the history of the [Paralympics](#) . Discuss why we have the Paralympics. Get your child to create a poster which presents the importance of the Paralympics and the range of different sports there are.
- 👉 **Be Active - [Go Noodle](#)** with the family or have a family workout. Fancy a dance? There are lots of dance videos they could try. [Dance](#). Maybe try some [Yoga](#).
Recommendation at least 2 hours of exercise a week.

Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#) - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.

[Education city](#) – All children should have their own logins.

#TheLearningProjects

If you have any questions please feel free to contact the Year 5 team.

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