

Learning Project WEEK 6 - Food

Age Range: EYFS (Reception)

Weekly Maths Tasks (Aim to do 1 per day)

- 👉 Access [EducationCity](#) (**Click on: 'Subjects' – 'Mathematics' – 'EYFS' – 'F1' or 'F2'- Activities**). Focus on counting, finding one more/one less and addition activities.
- 👉 *Log in details can be found in your child's red contact book.*
- 👉 Practise counting up to 20. This can be done through playing hide and seek, singing number songs, chanting, board games etc.
- 👉 Practise recognising and ordering numbers to 20. This can be done through the use of number flashcards. You could create your own using pens and paper, or access them online [here](#).
- 👉 Our number of the week is 6. What do you know about the number 6?
 - Can you find the numeral 6 anywhere?
 - Can you count out 6 objects?
 - Can you think of an addition or subtraction number sentence for 6?
 - Discuss with a grown up, or record your response using flipgrid! Click [here](#).
- 👉 Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?
- 👉 Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?
- 👉 Compare different food items from home, for example; an apple and a bag of sugar. Discuss which feels heavier? Which feels lighter?
Challenge: Compare 3 items and order them from lightest to heaviest.

Weekly Reading Tasks (Aim to do 1 per day)

- 👉 Continue to share a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development. Discuss the characters and events with your child, to ensure they are understanding what is being read to them/ what they are reading.
- 👉 Read *The Enormous Turnip*, or access the story on YouTube. Have a go at completing one of the story activities [here](#). To access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.
- 👉 Children to read their reading book to an adult daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a [free account](#). Complete the linked Play activities for each book.
- 👉 Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.
- 👉 With your child, look in magazines, newspapers and books for the tricky words they are currently learning. They could use a highlighter to highlight in magazines and newspapers. (*Our red (tricky) words are: I, to, the, no, go, he, she, my, of, said*).

<p style="text-align: center;">Weekly Phonics Tasks (Aim to do 1 per day)</p>	<p style="text-align: center;">Weekly Writing Tasks (Aim to do 1 per day)</p>
<ul style="list-style-type: none"> ☞ Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t). <i>Please see the separate sheet below, which details the sounds we have covered in our different phonics groups.</i> ☞ Access EducationCity (Click on: 'Subjects' – 'English' – 'EYFS' – 'F1' or 'F2' - Activities). <i>Log in details can be found in your child's red contact book.</i> ☞ Play 'I spy', using initial sounds or by sounding out the item (e.g. ch-air, b-i-n). Encourage children to blend the sounds you have given them to say the word. Your child may even wish to give you some clues. 	<ul style="list-style-type: none"> ☞ Practise name writing, using our pre-cursive letters which can be found here. ☞ Show your child one of these pictures (without showing them the caption). Encourage them to write a short caption for the picture. Remember to practise writing using our pre-cursive letters which can be found here. ☞ Practise sounding out and then writing down 3 or 4 words containing the sound/s your child is currently focussing on. Remember to practise writing using our pre-cursive letters which can be found here. <i>Please see the separate sheet below, which details the sounds we have covered in our different phonics groups.</i> ☞ Pour flour, rice or lentils into a shallow tray or plate. Verbally give your child a letter, digraph, trigraph or a word containing their focus sounds (see sheet below for sounds the children have been learning), and ask them to 'write it' in the food using their finger. Remember to practise writing using our pre-cursive letters which can be found here. ☞ Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them. Challenge: write a few short sentences as instructions.

Learning Project - to be done throughout the week

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

- ☞ **Healthy/ Unhealthy**- Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you.
- ☞ **Food diary** - Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.
- ☞ **Create a collage**- Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture too?
- ☞ **Play shops**- Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

- 👉 **Potato/ Vegetable Printing**- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created.

Additional learning resources parents may wish to engage with

- 👉 **Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.
- 👉 **Twinkl** – To access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.
- 👉 **Headteacherchat** - This is a blog that has links to various learning platforms. Lots of these are free to access.
- 👉 **EducationCity** – All NHA children should have a login to access the resources.

#TheLearningProjects

If you have any queries, please do not hesitate to contact the Early Years teaching team:

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**Phonics – which sounds are we learning?
EYFS (Reception)**

Please find your child's phonics group below to see which sounds they have covered in class. A quick daily recap of all previously learnt sounds is very beneficial for their phonics learning. For support on sound pronunciation, please watch these helpful clips on [YouTube](#).

Mrs Worts' phonics group

m a s d t
i n p g o
c k u b
f e l h s h r
j v y w
t h z c h q u x n g n k

Mrs Hubbard's phonics group

m a s d t
i n p g o
c k u b
f e l h s h r
j v y w
t h z c h q u x n g n k

ay ee igh ow

or ar air ir

Mrs Branston's phonics group

m a s d t
i n p g o
c k u b
f e l h s h r
j v y w
t h z c h q u x n g n k

ay ee igh ow oo oo

or ar air ir ou oy

Mrs Woodcock's phonics group

m a s d t
i n p g o
c k u b
f e l h s h r
j v y w
t h z c h q u x n g n k

ay ee igh ow oo oo

or ar air ir ou oy