

Learning Project WEEK 6 - Food



Year 1

Weekly Maths Tasks (Aim to do 1 per day)	Weekly Reading Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> 👉 Working on Education City - your child will have an individual login to access this. 👉 Play on Hit the Button - number bonds, halves, doubles and times tables. 👉 Practise counting in 2s, 5s and 10s. This game could support this. 👉 Look in the cupboards and the fridge. Sort some of the foods you can find into different groups. Which food group has the most or least amount of items? Which item of food is the lightest or heaviest? Why might this be? 👉 Play the game Fruit Fall - answer the data handling questions based on how many pieces of fruit you catch. 👉 Choose and draw 3 2D shapes. List how many sides, vertices and lines of symmetry it has. 	<ul style="list-style-type: none"> 👉 Reading a variety of books at home. Your child could share a book everyday. This can be reading a book aloud everyday or sharing a book with an adult. Remember to make use of the comprehension questions in the Learning Journal! 👉 Read out aloud the ingredients on the back of a tin or cereal box to an adult? 👉 Find a cooking book in the house or online and read the ingredients needed to make something. Then have a go at making it! 👉 Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order and add on sound buttons. 👉 Read a variety of books and make a list of all the different types of food you find.
Weekly Spelling Tasks (Aim to do 1 per day)	Weekly Writing Tasks (Aim to do 1 per day)
<ul style="list-style-type: none"> 👉 Daily Phonics – your child is to practice their sounds and blend words. Interactive games found on link below. 👉 Phonics Play 👉 Top Marks 👉 Spelling 👉 Spell the days of the week: Keep a diary of things you do in the week. 👉 Spell common exception words 👉 Work through the sounds and spelling lists in the Learning Journal. Tick off all the sounds/words your child knows confidently. 👉 Spelling City 	<ul style="list-style-type: none"> 👉 Create a shopping list for the week. Can your child group the items into food groups on their list e.g. fruit and vegetables, meat, dairy. 👉 Write a recipe for a healthy meal of their choice. Can they use subheadings for the ingredients and instructions. 👉 Create a healthy menu for dinner. What will be your starter, main and dessert? 👉 Write a set of instructions for making toast. Can they use imperative (bossy) verbs (put, spread, get...)? 👉 Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark? 👉 Design a new milkshake. Which ingredients will you include. Can you label the milkshake. Can you make the milkshake? Take a picture and send it to your teacher.

Learning Project - to be done throughout the week

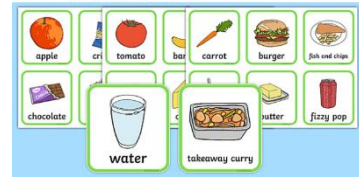
The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc .

Balanced diet: Show your child this [video](#) about how to have a balanced diet.

Play these [games](#) about healthy eating.

What do we have today? Look in the kitchen to see if you can create an A-Z list of foods.

Fruit and vegetables - Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.



Sorting activity: Collect food from the kitchen and sort into healthy and unhealthy foods. Take a picture and send to your teacher.

Design a poster - think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen or in the school hall. Will you be able to use any food wrappers or make your poster interactive?

Healthy lunchbox: can you play this [game](#) and make a healthy lunchbox?

Traditional food: Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? How is the food prepared? Do you have any traditional food you enjoy with your family?

Designing a school menu. Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu for 1 day (you can do more if you wish) and remember to include prices.

Fruit survey: ask in your family the different fruits they like to eat. Collect the information and add it to your tally chart. Can you represent this information in a particular way?

Flipgrid: Create a Flipgrid to tell your teacher what your favourite food is and why.

Fruit and vegetables printing: Look at the [work](#) of the artist: Lynn Flavell. How does she represent fruit and vegetables? Can you create a piece of artwork in the style of Lynn Flavell.

Additional learning resources parents may wish to engage with

[Classroom Secrets Learning Packs](#) - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

[Twinkl](#)- to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

[Headteacherchat](#)- This is a blog that has links to various learning platforms. Lots of these are free to access.

<https://www.bbc.co.uk/teach/supermovers> - This site will get your child moving and learning at the same time.

[Education city](#) – All children should have their own logins.

Additional Year 1 phonics support can be found here:

<https://home.oxfordowl.co.uk/reading/learn-to-read-phonics/>

If you have any further queries, please do not hesitate to contact the Year 1 teaching team:

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